

Raise \$500 in 1 week!

DAY 1

Sponsor yourself for \$25



DAY 2

Ask three family members for \$25



DAY 3

Ask five friends to donate \$15



DAY 4

Ask five co-workers to sponsor you for \$10 (don't forget to ask your company about a matching gifts program!)



DAY 5

E-mail 15 contacts and ask for a \$10 donation



DAY 6

Ask your company for a \$75 contribution

DAY 7



Ask two businesses you frequent for a \$25 donation

